

NAIL THE BASICS

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How to Develop a Can't-Miss Setup

This simple pre-shot routine is the fast track to consistent shotmaking

THIS STORY IS FOR YOU IF...

1. YOUR SETUP IS INCONSISTENT.
2. YOUR SHOTS ARE INCONSISTENT.

THE PROBLEM

You don't know what you're doing in your pre-shot routine, and as a result you don't have a consistent setup. Your swing and the quality of your ballstriking are inconsistent due to variable address position and poor aim.

THE SOLUTION

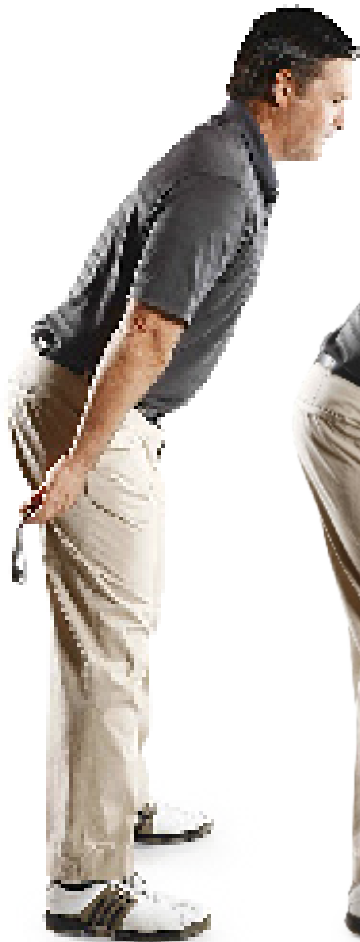
In order to solidify your swing and improve the accuracy of your shots, you need to be more precise with your address position. Once you develop a reliable setup that places both your body and the club in the proper alignment, your shots will become more accurate and consistent. Follow the steps at right to get into the right position every time you swing.

PHOTOGRAPHY BY ANGUS MURRAY



STEP 1

Begin by standing straight up and down and placing a club behind the base of your rear end. Make sure your arms and spine are straight.



STEP 2

Tilt from your waist until you feel your weight move onto the balls of your feet.



STEP 3

Swing the club around and sole it on the ground with your arms hanging straight down. Now you're in an excellent position to swing the club consistently.

DON'T FORGET
Pull in your abs to activate them for your swing. This is a good way to maintain your spine tilt.

KEY
Don't grip or aim the club until you're in a good posture position.

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Watch a video of this lesson and learn the important next step: correctly aiming your clubface at the target.